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Female Ejaculation And The G-Spot: Not Your Mother's Orgasm Book!



Synopsis

Like men, women also can ejaculate, enhancing and intensifying their sexual pleasure. In an open, positive style, Deborah Sundahl presents information about female ejaculation including scientific findings, anatomical illustrations, historical accounts, a chapter on how men can help their female partners to ejaculate, and women's and men's experiences collected during the past two decades.

Book Information

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Customer Reviews

The best thing about this book is that it's not boring! The author relays intimate encounters from her workshops on female ejaculation but also gives the anatomy lessons, etc. The sidebars--my favorites are, "I Think I Peed!" and "Dealing with the Fear of Peeing"--are really helpful. The tone is just right here, educational yet warm. Good illustrations, the one thing you don't really get in her video, "How to Female Ejaculate: Find Your G-Spot." I like the way these two (video and book) go together. Lots of good resources at the end, too.

I had always heard about the "g spot", but did not know that women can actually ejaculate fluid from their bodies. This book was very informative and easy to follow. Believe it or not, I was only in the FIRST chapter and while reading it, I did exactly what the author said to do and BAM, I ejaculated! I was stunned. However, as far as a great unbelievable sensation, I personally find the clitoral orgasm more pleasing. But, I have no regrets of buying this book and learning something about my body that, at the age of 34, I didn't already know. I recommend this book if you're interested in learning about the famous "g spot". It's worth it.

First, many women (having never experienced ejaculation) fear that they are about to urinate when they come near ejaculation. So, the woman stops on the path and never experiences ejaculation. This book offers very specific exercises to help a woman distinguish between urination and ejaculation and so learn to boldly move toward some amazing orgasms. Developing just that one knack (distinguishing ejaculation from urination) will be all that some women need in order to experience ejaculation since they're already coming near ejaculation but changing directions when they come near. Second, most women, though they realize they experience different types of orgasm, are not skilled in going to any specific type of orgasm. Not that one type is ordained better than another...still, if a woman wants to experience the thrill of ejaculation, it's helpful to know specifics about various types of orgasm and how to achieve them. Women over 30 years old who struggle with the frustration of not having orgasm at all should study some of the books which I have reviewed concerning women's hormones and review my website (without adequate levels of testosterone, it's difficult for a woman to have an orgasm). Men should pay special attention to the section in this book that describes specific very slow movements near the vaginal opening (and not involving the clitoris directly). I highly recommend this book for both men and women for further exploration of the wonderful variations in sexual response...and for development of the art and skill of finding the way to those various responses.

I've read multiple books in my search for different types of orgasms and learning why I haven't been able to completely let go, even though I really want to. Deborah Sundahl is brilliant and really knows what's going on with women and sexual satisfaction. This is a great guide for learning about the way to release emotions and have wonderful orgasms, and how those are very much linked together. It's also great if you just want to learn how to have G-spot orgasms and ejaculate, even if you don't want to know about the underlying emotions.

Deborah Sundahl goes way beyond ordinary guidance. Most women by now are familiar with the G spot, but Sundahl talks about more detailed physiological aspects of sex. I do not understand why someone would need more explicit instructions -- she gets completely graphic and detailed! The sex toy section was especially helpful and fun to read. For women who want to learn more about their own sexuality, this book is essential -- one of the best to come along.

My wife of 11 years has been somewhat reserved in a lot of ways in bed. After she read this

book.....The animal came out. She and I have learned alot of information and now we are having alot of fun! Get it! Read it! Bring a towel to bed!!lol

For anyone who has had the pleasure of massaging their girl's g-spot and has had her to the brink of something that you don't understand, this book is for you! It can be emotional if you are, so be careful if you aren't. We both loved it and the results.

This book completely describes all three types of female orgasm. Making it easy for any man or woman to try on their partner. It even tells about the history of female orgasm and what some cultures believe about female ejaculation. The book simply describes how to ejaculate with and without orgasms. Great read! Highly recommend. After reading this book all other female sexuality books will not come close to comparing.

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